

Alaska Early Childhood Relationship Based Professional Development Coach and EC Content Training

This document serves as a reference document to guide Relationship Based Professional Development (RBPDP) applicants as they complete coach and early childhood (EC) content trainings. Except for RBPDP I Early Childhood Trainings, coach and EC content trainings listed are a starting point for possible trainings. Please be mindful of the training hour minimum requirements. If you have questions about a training you have completed or are thinking about completing which is not listed please complete this online form: [Request for Training Review \(tfaforms.net\)](https://thread.tfaforms.net). If you work in a licensed child care or Department of Education & Early Development Pre-elementary or Head Start program and need access to a ProSolutions membership, please complete this online form: <https://thread.tfaforms.net/172>.

RBPDP I – Targeted Support Specialist

RBPDP I – Coach Trainings

- Coaching 101/Introduction to Coaching
- Implicit Bias
- Culturally responsive practices
- Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions

Coaching 101/ Introduction to Coaching (2 hour minimum)

1. Introduction to Coaching
 - 2 hrs FREE training credit
 - www.threadalaska.org/training - offered 2 times a year on **thread** training calendar **OR** work with classroom coach to provide for individual programs as part of Group Coaching participation.
2. [Resources to support Practice Based Coaching & How the Head Start Coaching Companion Can Work for You](#) (May have to complete at least 2 webinars from this website to = 2 hrs. Make sure to obtain a training certificate.)
 - 2 hrs FREE training credit
3. [A Deeper Dive Into the Elements of Coaching](#)
 - 2 hrs training credit. Accessible for FREE with ProSolutions membership.
4. [The Keys to Effective Practice Based Coaching: A Framework for EC Leaders](#)
 - 1.5 hrs FREE training credit – will need 30 more minutes
5. Coaching in Early Childhood – Dathan Rush and M’Lisa Sheldon
 - <https://www.earlychildhoodwebinars.com/webinars/coaching-in-early-childhood-by-dathan-rush-and-mlisa-shelden/>
 - 1.5 hrs FREE training credit – will need 30 more minutes
6. Practice-Based Coaching – Pyramid Model Consortium
 - <https://self-signup.trifoia.com/pyramid>
 - 8 hours FREE with access token: PPBCO-D24D-E24C *If a token is not working, please contact us at info@threadalaska.org.*

Implicit Bias (2 hour minimum)

1. [Anti-Racist Classrooms – All Are Welcome: Creating a Classroom Community](#)
 - 5 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)

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2. [Pushing Past Bias and Challenging Classroom Behaviors: Changing Children's Behavior Starts with Changing Ourselves](#)

- 1.5 hrs FREE training credit – will need 30 min more

3. [Leveling the Field: Equity in Early Childhood Education](#)

- 1 hr training credit – will need 1 more hour. Accessible for FREE with Pro-solutions membership.

Culturally Responsive Practices (2 hour minimum)

1. Culturally Responsive Teaching Practices

- 3 hrs in combination with **thread's** Implicit Bias training. Even though there is a 2 hour minimum training requirement for both Culture and Implicit Bias if completing the **thread** 3 hour training.
- www.threadalaska.org/training – offered 4 times a year

2. [Honoring All Families](#) (available in Spanish)

- 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)

3. Each of the following are 2 hour training credits and accessible for FREE with ProSolutions membership

- [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity](#)
- [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity: Family Child Care](#)
- [An Anti-bias Approach to Program Development](#)

4. University of Alaska courses on Culture (there could be others)

- Culture, Learning, and the Young Child (ECE F130 @ UAF)
- Orientation to Alaska Native Education (ED 101 @ UAF)
- Native Cultures of Alaska (ANTH 242 @ UAF and @ Ilisagvik College)
- Individual Society and Culture (ANTH 100 @ Ilisagvik College)

5. Non-University of Alaska course work

- Will vary by individual

Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions

- https://www.prosolutionstraining.com/store/product/index.cfm?tDisplayAdd=1&tProductVersion_id=1675&CatalogFilter_id=0&tCatalogFilterType_id=
- No alternative to this training

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RBPD I – Early Childhood Related Trainings

- Intro to Pyramid Model (*includes TPOTS/TPITOS overview*) or equivalent school-age social emotional framework
- Strengthening Families
- Intro to Alaska Early Childhood Core Knowledge & Competencies (CKC)
- Intro to Alaska Early Learning Guidelines (ELG)

Introduction to Pyramid Model

- Introduction to Pyramid Model
 - <https://self-signup.trifoia.com/pyramid>
 - Free access with token: PINTRO-194A-A62F *If a token is not working, please contact us at info@threadalaska.org.*
- OR**
- 6 hrs FREE training credits
 - www.threadalaska.org/training – offered 2 times a year

Introduction to Strengthening Families

- 13 hrs training credit – (*NOTE: could take less time to complete*)
- Accessible for FREE with ProSolutions membership

OR

- 6 hrs FREE training credits
- www.threadalaska.org/training – offered 2 times a year

Introduction to Alaska Early Childhood Core Knowledge & Competencies (CKC)

- <https://learn.dhss.alaska.gov/>
- Access CKC same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

Introduction to Alaska Early Learning Guidelines (ELG)

- <https://learn.dhss.alaska.gov/>
- Access ELG same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

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RPBD II- Consultation Specialist

RPBD II – Coach Trainings

- 12 hours of Relationship-Based Coaching training

NOTE: There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 12 hours (2 of the 12 hours can be from the RPBD I coach training).

Practice Based Coaching

1. Practice Based Coaching by Pyramid Model Consortium
 - <https://self-signup.trifoia.com/pyramid>
 - 8 hours FREE with access token: PPBCO-D24D-E24C *If a token is not working, please contact us at info@threadalaska.org.*
2. Practice-Based Coaching training provided by Federal Office of Head Start or Office of Child Care
 - Most often this is a private training arranged by **thread** or a Head Start program with their federal TA center
 - No set time when these trainings are offered
 - Generally, this has been at least a 2-day training
3. Pyramid National Training Institute (NTI) conference
 - Often have a Practice Based Coach Training as a pre-conference session
 - Generally, this has been at least a 2-day pre-conference session = 12 hrs
4. [Gerety Education Team](#)
 - 4 days, 3 hrs each day
 - \$490
5. **Coaching**
 - Anchorage School District sponsored Cognitive Coaching series in the early 2000's
6. [The Art & Science of Coaching: The Essentials Course](#)
 - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
7. [Circle of Security Tier I Facilitation Training](#)
 - 16 hrs
8. Short Facilitated Attuned Interaction (FAN) Training (will need additional training hours)
 - 3 hrs
 - Available via agency training sponsorship
 - Contact **thread** coach to find out when, where, and cost of this training

RPBD II – Early Childhood Related Trainings

- ACEs Overview
- Intro to Trauma-Informed Care
- Developmental Screening and Monitoring including training on specific screening tools *(if working in a 0-5 program; school-age exempt)*
- Training(s) in EC child assessment and curriculum **OR** school-age curriculum equivalent. *(school-age exempt from assessment)*

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ACEs Overview (1 hour minimum)

- [Overcoming ACEs in Alaskan Schools](#) Part I & II

Introduction to Trauma-Informed Care (2 hour minimum)

1. [Trauma-Engaged](#) (pick 2 of the following)
 - Trauma-Engaged and Practicing Schools (3 of 3-part series)
 - Trauma-Engaged Educators Guide
 - Trauma-Engaged Infant and Early Childhood Mental Health (3 modules)
 - Trauma-Sensitive Schools (2 of 3-part series)
 - Self-Care for Educators
 - Overcoming Anxiety and Stress in Alaskan Schools
2. [Trauma-Informed Care & the Pyramid Model](#) by ProSolutions
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
3. [Trauma-Informed Care & the Pyramid Model](#) by Pyramid Model Consortium
 - <https://self-signup.trifoia.com/pyramid>
 - 5 hrs FREE with access token: PTRIC-95B5-BA80 *If a token is not working, please contact us at info@threadalaska.org.*
4. [Mental Health and Trauma Effects in Children](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
5. Each of the following are 1 hour trainings. Pick at least 2. ALL are accessible for FREE with ProSolutions membership.
 - [Building a Path to Empowerment: The Trauma-Informed and Asset-Informed Classroom](#)
 - [Family Engagement During Times of Stress and Trauma](#)
 - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
 - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
 - [Trauma-Informed Practice for Professionals Working with Foster Children](#)

Developmental Screening and Monitoring including training on specific screening tools (if working in a 0-5 program; school-age exempt)

Overview of Developmental Screening, Monitoring and Referral

- 2 hrs of FREE training; **BOTH** trainings are required.
- [Watch Me! Learn the Signs Act Early](#)
- [Training | Help Me Grow \(\[helpmegrowak.org\]\(http://helpmegrowak.org\)\)](#)

AND

Training on the specific developmental and/or social emotional screening tool the program is using.

1. Ages and Stages Questionnaire
 - 3 hr training credit
 - www.threadalaska.org/training
 - Stay tuned for access to additional ASQ trainers and training via Department of Education and Early Development

Training(s) in EC child assessment and curriculum OR school-age curriculum equivalent. (school-age exempt from assessment) (2 hour minimum)

Overview of EC child assessment



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1. University/college in Alaska courses specific to EC assessment/observation.
 - Observation, Documentation, and Assessment of Young Children (EDEC A407 @ UAA)
 - Screening, Assessment and Recording (ECE F235 @ UAF)
 - Screening, Assessment and Data Collection Tools (ECE F345 @UAF)
 - Assessment in Early Childhood (ECE F360 @ UAF)
2. [Observation & Assessment Critical to Childcare](#)
 - 8 hrs training credit for \$69 (Eligible for Alaska SEED reimbursement)
3. Introduction to My Teaching Strategies **OR** Objectives for Development and Learning TSG
 - Each are 2 hrs FREE training credit
 - Child care programs work with **thread** coach to access (only for programs working on Level 3).
 - DEED programs work with Supanika Ordonez to access.
4. [The Child Assessment Evolution: Controversy and Practice Explored, by Shannon Lockhart and Anna Marrs - Early Childhood Webinars](#)
 - 1.5 hrs FREE training credit – will need 30 more minutes
5. [Assessment Tools](#)
 - 1 hr training credit – will need 1 more hour. Accessible for FREE with ProSolutions membership.
6. Each of the following is 1 hour training credit. Will need to complete both. Accessible for FREE with ProSolutions membership.
 - [Observation and Assessment: Documenting Children's Progress](#)
 - [An Administrator's Overview of Assessment in Early Care and Education](#)

NOTE: Recommended but not required to complete more comprehensive training on the specific child assessment tool the program uses.

Overview of EC Curriculum

1. University/college in Alaska courses specific to EC curriculum and/or lesson plan development.
 - Curriculum: Thinking, Reasoning, and Discovery (ECE F213 @ UAF)
 - Integrated Curriculum for Young Children (EDEC A206 @ UAA)
 - Interdisciplinary Curriculum for Young Children (EDEC A206 @ UAA)
 - Constructivist Curriculum (ECE F310 @ UAF)
 - Environment and Curriculum for Infants and Toddlers (ECE F320 @ UAF)
 - Curriculum 1: Principles & Practices (ECE F119 @ UAF)
 - Building Meaningful Curriculum (Ilisagvik College)
 - Assessment of Infants & Toddlers in Early Childhood Special Education (EDSE A610Y @ UAA)
 - Assessment in Preschool Special Education (EDSE A611Y @ UAA)

Check with **thread** coach about University Courses outside of Alaska that may count for Intro to EC Curriculum.

2. [Curriculum Unpacked](#)
 - 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. The following ProSolutions trainings are 1 hour each. Will need to complete at least 2 of the following:
 - [Curriculum: The Foundation of a Strong Educational Program](#)
 - [Lesson Planning for Young Children](#)
 - [What is Curriculum in Early Care and Education? A Director's Overview](#)

NOTE: Recommended but not required to complete more comprehensive training on the specific EC curriculum the program uses.



Alaska Early Childhood Relationship Based Professional Development Coach and EC Content Training

RBPD III A & B – Coach Specialist

RBPD III (A & B) Coach Trainings

- 40 hours of Relationship-Based Coaching training

NOTE: There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 40 hours (12 of the 40 hours can be from the RBPD II coach training). Could be a combination of Practice Based Coaching (multi-day training) + other.

1. Dynamic Coaching <https://dynamiccoachingsystems.com/coaching-certificate/>
2. International Coaching Federation <https://coachingfederation.org/>
 - Associate Certified Coach (ACC) from the International Coaching Federation (ICF)
 - Professional Certified Coach (PCC) from the International Coaching Federation (ICF)
 - Master Certified Coach (MCC) from the International Coaching Federation (ICF)
3. Erickson has coach training pathways that help folks to achieve the three ICF coaching levels. <https://www.erickson.edu/en/home>
 - [The Art & Science of Coaching: The Essentials Course](#)
 - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
4. Cognitive Coaching: Anchorage School District sponsored Cognitive Coaching series in early 2000's
5. [Reflective Supervision/Consultation Learning Offerings: Collaboratives, Training Series, & Materials](#)
 - Individuals responsible for these trainings on their own
6. [Circle of Security Tier 2 Coach Training](#)
 - Prerequisite: Completed Circle of Security Tier 1 Facilitator training
7. Full Facilitated Attuned Interaction (FAN) Training
 - 18 hrs + 6 hrs reflective supervision
 - Available via agency training sponsorship
 - Contact **thread** coach to find out when, where, and cost of this training
8. [Reflective Supervision Learning Offerings — allianceaimh](#)
 - Note this training is offered as an add on for individuals completing an Infant/Early Childhood Mental Health (IECMH) [Endorsement](#)

RPBD III A and III B – Early Childhood Related Trainings

RBPD III A (Practitioner/Teacher)

- Inclusionary Practices
- Preventing Expulsion & Suspension
- Trauma-Informed Care
- Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs)

RBPD III B (Program/Administration)

- RPBD III A training
- Program leadership training
- Overview of Implementation Science

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Inclusionary practices (2 hour minimum)

1. There are several university courses on EC inclusion that would meet this training requirement.
 - Young Children in Inclusive Settings (EDEC A303 @ UAA)
 - Inclusion of Children with Special Needs (ECE F240 @UAF)
 - Alternate Fall Introduction to the Exceptional Child (EC 230 @ UAF)
2. [Basics of Inclusion](#) also available in Spanish [Fundamentos De La Inclusion](#)
 - 3 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. [Foundations of Inclusion](#)
 - 5 hrs FREE training credit
4. [Weaving Inclusion into Everyday Activities](#)
 - \$20 (Eligible for Alaska SEED reimbursement)
5. [Inclusion and Children with Special Needs](#)
 - 3 hrs training credit. Accessible for FREE with ProSolutions membership.
6. Introduction to Inclusionary Practices trainings. Each are 1 hour training credit. Will need to complete at least 2.
 - [Understanding Inclusion in EC Settings + Special Needs in the EC Classroom](#)
 - [Understanding Inclusion in EC Settings + Special Needs in Family Child Care](#)
 - [Understanding Autism: An Overview of Symptoms and Characteristics Across Spectrum](#)
 - [Individualized Education Plan \(IEP\): Planning for School Success](#)
 - [Indicators of High-Quality Inclusion: A Comprehensive Set of Tools](#)
 - [An Administrator's Overview of Special Needs in the Early Care and Education Program](#)
7. [Targeted Strategies for Successful Inclusion of Children with Disabilities](#) (Pyramid Model Consortium)
 1. 10 hrs FREE with access token: PINCL-EC2B-31BB

Preventing Expulsion & Suspension (2 hour minimum)

1. 1 hr FREE training each. Complete at least 2 of the following:
 - [What Works in Reducing Suspensions and Disproportionality: The Pyramid Model - National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Early Childhood Suspensions: The Impact on Families – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Having Conversations about Race, Bias, and Equity – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Let's Talk! Preschool Suspensions: This is What We Know – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
2. The Impact of Suspension & Expulsion Practices
 - 2 hrs FREE training credit
 - www.threadalaska.org/training – offered 2 times a year
3. [Practices to Reduce Suspension and Expulsion](#) (Pyramid Model Consortium)
 - 2 hrs FREE with access token: PIMBI-9E77-B4B0 *If a token is not working, please contact us at info@threadalaska.org.*

Trauma Informed Care (5 hour minimum)

1. [Trauma-informed care & the Pyramid Model](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
2. [Trauma-informed care & the Pyramid Model](#)



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- 5 hrs training credit for \$39 (Eligible for Alaska SEED reimbursement)
- 3. [Mental Health and Trauma Effects in Children](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
- 4. Each of the following are 1 hour trainings. Must complete all 5. ALL are accessible for FREE with ProSolutions membership.
 - [Building a Path to Empowerment: The Trauma Informed and Asset-informed classroom](#)
 - [Family Engagement During Times of Stress and Trauma](#)
 - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
 - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
 - [Trauma-Informed Practice for Professionals Working with Foster Children](#)
- 5. [Trauma Informed Care at UAA Center For Human Development – Trust Training Cooperative](#)
 - Availability varies each year
- 6. [University of Alaska Anchorage School of Social Work](#) and [Special Education](#)
 - SWK A410 Trauma in Childhood – 3 credits
 - SWK A429 Trauma and Crisis Intervention in Social Work Practice – 3 credits
 - EDSE A677 Multidisciplinary Seminar in Children's Mental Health – 1 Credit
 - EDSE A691 Children's Mental Health Systems of Care – 3 Credits
- 7. [Trauma-Informed Care & The Pyramid Model](#)
 - 5 hrs FREE with access token: PTRIC-95B5-BA80 *If a token is not working, please contact us at info@threadalaska.org.*

Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs) (9 hour minimum)

Prevent-Teach-Reinforce for Young Children (PTR-YC)

- <https://self-signup.trfoia.com/pyramid>
- 8 hrs FREE with access token: PPTRYC-42FA-3CE9 *If a token is not working, please contact us at info@threadalaska.org.*

OR

- **thread** training – Not a standard training but may be arranged to offer

OR

- NTI Pyramid Conference (Florida or Northwest) usually have a pre-conference session on PTR-YC

Behavior Incident Report (BIR) (each of the following are 1 hour)

- [Addressing Challenging Behavior through Data: Introduction to the BIRS](#)
- [Providing Supports to Classrooms and Children Using the Behavior Incident Report System \(BIRS\)](#)
- [Using the Behavior Incident Report System: I have an Equity Alert. Now What?](#)
- [Data Decision- Making Using the BIRS](#)
- [Addressing Challenging Behavior through Data: Implementing the BIRS in an Early Childhood Program](#)

Pyramid Modules 4, 5 and 6

- May be available for FREE @ <https://www.pyramidmodel.org/online-courses-epyrmaid/>
- Contact Meghan Johnson for code to access training for FREE

Alaska Early Childhood Relationship Based Professional Development Coach and EC Content Training

Program Leadership Training

- Programs participating in Learn & Grow Level 1-2 Cohort receive Program Leadership Training
- **thread** will host Program Leadership Team Academy training as requested

Overview of Implementation Science *(Complete all 8 lessons. Each lesson is approximately 1 hour)*

- Certificates are provided after each module. Upload to Alaska SEED registry profile.
- [Co-Learning](#)
- [Brokering](#)
- [Addressing Power Differentials](#)
- [Understanding Context](#)
- [Cultivating Leadership](#)
- [Building Teams](#)
- [Grow & Sustain Relationships](#)
- [Building Capacity](#)