

Alaska Early Childhood Relationship Based Professional Development Coach and EC Content Training

This document serves as a reference document to guide Relationship Based Professional Development (RBPDP) applicants as they complete coach and early childhood (EC) content trainings. Except for RBPDP I Early Childhood Trainings, coach and EC content trainings listed are a starting point for possible trainings. Please be mindful of the training hour minimum requirements. If you have questions about a training you have completed or are thinking about completing which is not listed please complete this online form: [Request for Training Review \(tfaforms.net\)](https://tfaforms.net). If you work in a licensed child care or Department of Education & Early Development Pre-elementary or Head Start program and need access to a ProSolutions membership, please complete this online form: <https://thread.tfaforms.net/172>.

RBPDP I – Targeted Support Specialist

RBPDP I – Coach Trainings

- Coaching 101/Introduction to Coaching
- Implicit Bias
- Culturally responsive practices
- Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions

Coaching 101/ Introduction to Coaching (2 hour minimum)

1. Introduction to Coaching
 - 2 hrs FREE training credit
 - www.threadalaska.org/training - offered 2 times a year on **thread** training calendar **OR** work with classroom coach to provide for individual programs as part of Group Coaching participation.
2. [Resources to support Practice Based Coaching & How the Head Start Coaching Companion Can Work for You](#) (May have to complete at least 2 webinars from this website to = 2 hrs. Make sure to obtain a training certificate.)
 - 2 hrs FREE training credit
3. [A Deeper Dive Into the Elements of Coaching](#)
 - 2 hrs training credit. Accessible for FREE with ProSolutions membership.
4. [The Keys to Effective Practice Based Coaching: A Framework for EC Leaders](#)
 - 1.5 hrs FREE training credit – will need 30 more minutes
5. Coaching in Early Childhood – Dathan Rush and M’Lisa Sheldon
 - <https://www.earlychildhoodwebinars.com/webinars/coaching-in-early-childhood-by-dathan-rush-and-m-lisa-shelden/>
 - 1.5 hrs FREE training credit – will need 30 more minutes

Implicit Bias (2 hour minimum)

1. [Anti-Racist Classrooms – All Are Welcome: Creating a Classroom Community](#)
 - 5 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
2. [Pushing Past Bias and Challenging Classroom Behaviors: Changing Children’s Behavior Starts with Changing Ourselves](#)
 - 1.5 hrs FREE training credit – will need 30 min more
3. [Leveling the Field: Equity in Early Childhood Education](#)

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- 1 hr training credit – will need 1 more hour. Accessible for FREE with Pro-solutions membership.

Culturally Responsive Practices (2 hour minimum)

1. Culturally Responsive Teaching Practices
 - 3 hrs in combination with **thread's** Implicit Bias training. Even though there is a 2 hour minimum training requirement for both Culture and Implicit Bias if completing the **thread** 3 hour training.
 - www.threadalaska.org/training – offered 4 times a year
2. [Honoring All Families](#) (available in Spanish)
 - 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. Each of the following are 2 hour training credits and accessible for FREE with ProSolutions membership
 - [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity](#)
 - [Diversity and Differences: An Anti-Bias Approach to Teaching Diversity: Family Child Care](#)
 - [An Anti-bias Approach to Program Development](#)
4. University of Alaska courses on Culture (there could be others)
 - Culture, Learning, and the Young Child (ECE F130 @ UAF)
 - Orientation to Alaska Native Education (ED 101 @ UAF)
 - Native Cultures of Alaska (ANTH 242 @ UAF and @ Ilisagvik College)
 - Individual Society and Culture (ANTH 100 @ Ilisagvik College)
5. Non-University of Alaska course work
 - Will vary by individual

Utilizing Adult-Learning Theory to Cultivate Positive Coaching Relationships via ProSolutions

- https://www.prosolutionstraining.com/store/product/index.cfm?tDisplayAdd=1&tProductVersion_id=1675&CatalogFilter_id=0&tCatalogFilterType_id=
- No alternative to this training

RBPD I – Early Childhood Related Trainings

- Intro to Pyramid Model (*includes TPOTS/TPITOS overview*) or equivalent school-age social emotional framework
- Strengthening Families
- Intro to Alaska Early Childhood Core Knowledge & Competencies (CKC)
- Intro to Alaska Early Learning Guidelines (ELG)

Introduction to Pyramid Model

- 6-18 hrs FREE training credits (depends on how many modules complete)
 - <https://www.pyramidmodel.org/online-courses-epyramid/>
 - Complete the form at self-signup.trifoia.com/pyramid, and enter the access code: PPSJN-BACV-JLCF (for Preschool Modules) or PFSJP-QUZ9-PRAF (for Infant/Toddler Modules)
- OR**
- 6 hrs FREE training credits
 - www.threadalaska.org/training – offered 2 times a year



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Introduction to Strengthening Families

- 13 hrs training credit – (*NOTE: could take less time to complete*)
- Accessible for FREE with ProSolutions membership

OR

- 6 hrs FREE training credits
- www.threadalaska.org/training – offered 2 times a year

Introduction to Alaska Early Childhood Core Knowledge & Competencies (CKC)

- <https://learn.dhss.alaska.gov/>
- Access CKC same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

Introduction to Alaska Early Learning Guidelines (ELG)

- <https://learn.dhss.alaska.gov/>
- Access ELG same place as Learn & Grow Level 1 training.
- 2 hrs FREE training credits

RPBD II- Consultation Specialist

RPBD II – Coach Trainings

- 12 hours of Relationship-Based Coaching training

NOTE: There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 12 hours (2 of the 12 hours can be from the RPBD I coach training).

Practice Based Coaching

1. [Practice Based Coaching](#)
 - 8 hrs training credit for \$49 (Eligible for Alaska SEED reimbursement)
2. Practice-Based Coaching training provided by Federal Office of Head Start or Office of Child Care
 - Most often this is a private training arranged by **thread** or a Head Start program with their federal TA center
 - No set time when these trainings are offered
 - Generally, this has been at least a 2-day training
3. Pyramid National Training Institute (NTI) conference
 - Often have a Practice Based Coach Training as a pre-conference session
 - Generally, this has been at least a 2-day pre-conference session = 12 hrs
4. [Gerety Education Team](#)
 - 4 days, 3 hrs each day
 - \$490
5. **Coaching**
 - Anchorage School District sponsored Cognitive Coaching series in the early 2000's

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6. [The Art & Science of Coaching: The Essentials Course](#)
 - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
7. [Circle of Security Tier I Facilitation Training](#)
 - 16 hrs
8. Short Facilitated Attuned Interaction (FAN) Training (will need additional training hours)
 - 3 hrs
 - Available via agency training sponsorship
 - Contact **thread** coach to find out when, where, and cost of this training

RBPD II – Early Childhood Related Trainings

- ACEs Overview
- Intro to Trauma-Informed Care
- Developmental Screening and Monitoring including training on specific screening tools (*if working in a 0-5 program; school-age exempt*)
- Training(s) in EC child assessment and curriculum **OR** school-age curriculum equivalent. (*school-age exempt from assessment*)

ACEs Overview (2 hour minimum)

- [Overcoming ACEs in Alaskan Schools](#) Part I & II

Introduction to Trauma-Informed Care (2 hour minimum)

1. [Trauma-Engaged](#) (pick 2 of the following)
 - Trauma-Engaged and Practicing Schools (3 of 3-part series)
 - Trauma-Engaged Educators Guide
 - Trauma-Engaged Infant and Early Childhood Mental Health (3 modules)
 - Trauma-Sensitive Schools (2 of 3-part series)
 - Self-Care for Educators
 - Overcoming Anxiety and Stress in Alaskan Schools
2. [Trauma-Informed Care & the Pyramid Model](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
3. [Trauma-Informed Care & the Pyramid Model](#)
 - 5 hrs training credit for \$39 (Eligible for Alaska SEED reimbursement)
4. [Mental Health and Trauma Effects in Children](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
5. Each of the following are 1 hour trainings. Pick at least 2. ALL are accessible for FREE with ProSolutions membership.
 - [Building a Path to Empowerment: The Trauma-Informed and Asset-Informed Classroom](#)
 - [Family Engagement During Times of Stress and Trauma](#)
 - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
 - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
 - [Trauma-Informed Practice for Professionals Working with Foster Children](#)

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Developmental Screening and Monitoring including training on specific screening tools (if working in a 0-5 program; school-age exempt)

Overview of Developmental Screening, Monitoring and Referral

- 2 hrs of FREE training; **BOTH** trainings are required.
- [Watch Me! Learn the Signs Act Early](#)
- [Training | Help Me Grow \(helpmegrowak.org\)](#)

AND

Training on the specific developmental and/or social emotional screening tool the program is using.

1. Ages and Stages Questionnaire
 - 3 hr training credit
 - www.threadalaska.org/training
 - Stay tuned for access to additional ASQ trainers and training via Department of Education and Early Development

Training(s) in EC child assessment and curriculum OR school-age curriculum equivalent. (school-age exempt from assessment) (2 hour minimum)

Overview of EC child assessment

1. University/college in Alaska courses specific to EC assessment/observation.
 - Observation, Documentation, and Assessment of Young Children (EDEC A407 @ UAA)
 - Screening, Assessment and Recording (ECE F235 @ UAF)
 - Screening, Assessment and Data Collection Tools (ECE F345 @UAF)
 - Assessment in Early Childhood (ECE F360 @ UAF)
2. [Observation & Assessment Critical to Childcare](#)
 - 8 hrs training credit for \$69 (Eligible for Alaska SEED reimbursement)
3. Introduction to My Teaching Strategies **OR** Objectives for Development and Learning TSG
 - Each are 2 hrs FREE training credit
 - Child care programs work with **thread** coach to access (only for programs working on Level 3).
 - DEED programs work with Supanika Ordonez to access.
4. [The Child Assessment Evolution: Controversy and Practice Explored, by Shannon Lockhart and Anna Marrs - Early Childhood Webinars](#)
 - 1.5 hrs FREE training credit – will need 30 more minutes
5. [Assessment Tools](#)
 - 1 hr training credit – will need 1 more hour. Accessible for FREE with ProSolutions membership
6. Each of the following is 1 hour training credit. Will need to complete both. Accessible for FREE with ProSolutions membership.
 - [Observation and Assessment: Documenting Children's Progress](#)
 - [An Administrator's Overview of Assessment in Early Care and Education](#)

NOTE: Recommended but not required to complete more comprehensive training on the specific child assessment tool the program uses.

Overview of EC Curriculum

1. University/college in Alaska courses specific to EC curriculum and/or lesson plan development.
 - Curriculum: Thinking, Reasoning, and Discovery (ECE F213 @ UAF)
 - Integrated Curriculum for Young Children (EDEC A206 @ UAA)
 - Interdisciplinary Curriculum for Young Children (EDEC A206 @ UAA)
 - Constructivist Curriculum (ECE F310 @ UAF)



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- Environment and Curriculum for Infants and Toddlers (ECE F320 @ UAF)
- Curriculum 1: Principles & Practices (ECE F119 @ UAF)
- Building Meaningful Curriculum (Iisagvik College)
- Assessment of Infants & Toddlers in Early Childhood Special Education (EDSE A610Y @ UAA)
- Assessment in Preschool Special Education (EDSE A611Y @ UAA)

Check with **thread** coach about University Courses outside of Alaska that may count for Intro to EC Curriculum.

2. [Curriculum Unpacked](#)

- 4 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)

3. The following ProSolutions trainings are 1 hour each. Will need to complete at least 2 of the following:

- [Curriculum: The Foundation of a Strong Educational Program](#)
- [Lesson Planning for Young Children](#)
- [What is Curriculum in Early Care and Education? A Director's Overview](#)

NOTE: Recommended but not required to complete more comprehensive training on the specific EC curriculum the program uses.

RBPD III A & B - Coach Specialist

RBPD III (A & B) Coach Trainings

- 40 hours of Relationship-Based Coaching training

NOTE: There are a variety of trainings that would meet this requirement. As long as the training or combination of coach trainings = 40 hours (12 of the 40 hours can be from the RBPD II coach training). Could be a combination of Practice Based Coaching (multi-day training) + other.

1. Dynamic Coaching <https://dynamiccoachingsystems.com/coaching-certificate/>
2. International Coaching Federation <https://coachingfederation.org/>
 - Associate Certified Coach (ACC) from the International Coaching Federation (ICF)
 - Professional Certified Coach (PCC) from the International Coaching Federation (ICF)
 - Master Certified Coach (MCC) from the International Coaching Federation (ICF)
3. Erickson has coach training pathways that help folks to achieve the three ICF coaching levels. <https://www.erickson.edu/en/home>
 - [The Art & Science of Coaching: The Essentials Course](#)
 - 16 live online sessions each 3 hours and 15 minutes or 8 days of training
4. Cognitive Coaching: Anchorage School District sponsored Cognitive Coaching series in early 2000's
5. [Reflective Supervision/Consultation Learning Offerings: Collaboratives, Training Series, & Materials](#)
 - Individuals responsible for these trainings on their own
6. [Circle of Security Tier 2 Coach Training](#)
 - Prerequisite: Completed Circle of Security Tier 1 Facilitator training
7. Full Facilitated Attuned Interaction (FAN) Training
 - 18 hrs + 6 hrs reflective supervision
 - Available via agency training sponsorship
 - Contact **thread** coach to find out when, where, and cost of this training
8. [Reflective Supervision Learning Offerings — allianceaimh](#)
 - Note this training is offered as an add on for individuals completing an Infant/Early Childhood Mental Health (IECMH) [Endorsement](#)



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RPBD III A and III B – Early Childhood Related Trainings

RPBD III A (Practitioner/Teacher)

- Inclusionary Practices
- Preventing Expulsion & Suspension
- Trauma-Informed Care
- Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs)

RPBD III B (Program/Administration)

- RPBD III A training
- Program leadership training
- Overview of Implementation Science

Inclusionary practices (2 hour minimum)

1. There are several university courses on EC inclusion that would meet this training requirement.
 - Young Children in Inclusive Settings (EDEC A303 @ UAA)
 - Inclusion of Children with Special Needs (ECE F240 @UAF)
 - Alternate Fall Introduction to the Exceptional Child (EC 230 @ UAF)
2. [Basics of Inclusion](#) also available in Spanish [Fundamentos De La Inclusion](#)
 - 3 hrs training credit for \$30 (Eligible for Alaska SEED reimbursement)
3. [Foundations of Inclusion](#)
 - 5 hrs FREE training credit
4. [Weaving Inclusion into Everyday Activities](#)
 - \$20 (Eligible for Alaska SEED reimbursement)
5. [Inclusion and Children with Special Needs](#)
 - 3 hrs training credit. Accessible for FREE with ProSolutions membership.
6. Introduction to Inclusionary Practices trainings. Each are 1 hour training credit. Will need to complete at least 2.
 - [Understanding Inclusion in EC Settings + Special Needs in the EC Classroom](#)
 - [Understanding Inclusion in EC Settings + Special Needs in Family Child Care](#)
 - [Understanding Autism: An Overview of Symptoms and Characteristics Across Spectrum](#)
 - [Individualized Education Plan \(IEP\): Planning for School Success](#)
 - [Indicators of High-Quality Inclusion: A Comprehensive Set of Tools](#)
 - [An Administrator's Overview of Special Needs in the Early Care and Education Program](#)

Preventing Expulsion & Suspension (2 hour minimum)

1. 1 hr FREE training each. Complete at least 2 of the following:
 - [What Works in Reducing Suspensions and Disproportionality: The Pyramid Model - National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Early Childhood Suspensions: The Impact on Families – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Having Conversations about Race, Bias, and Equity – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)
 - [Let's Talk! Preschool Suspensions: This is What We Know – National Center for Pyramid Model Innovations \(challengingbehavior.org\)](#)



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2. The Impact of Suspension & Expulsion Practices
 - 2 hrs FREE training credit
 - www.threadalaska.org/training – offered 2 times a year

Trauma Informed Care (5 hour minimum)

1. [Trauma-informed care & the Pyramid Model](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
2. [Trauma-informed care & the Pyramid Model](#)
 - 5 hrs training credit for \$39 (Eligible for Alaska SEED reimbursement)
3. [Mental Health and Trauma Effects in Children](#)
 - 5 hrs training credit. Accessible for FREE with ProSolutions membership.
4. Each of the following are 1 hour trainings. Must complete all 5. ALL are accessible for FREE with ProSolutions membership.
 - [Building a Path to Empowerment: The Trauma Informed and Asset-informed classroom](#)
 - [Family Engagement During Times of Stress and Trauma](#)
 - [Prioritizing Mental Health: A Roadmap for Resilience After Trauma](#)
 - [Secure Connections: The Relationship Between Trauma and Attachment Styles](#)
 - [Trauma-Informed Practice for Professionals Working with Foster Children](#)
5. [Trauma Informed Care at UAA Center For Human Development – Trust Training Cooperative](#)
 - Availability varies each year
6. [University of Alaska Anchorage School of Social Work](#) and [Special Education](#)
 - SWK A410 Trauma in Childhood – 3 credits
 - SWK A429 Trauma and Crisis Intervention in Social Work Practice – 3 credits
 - EDSE A677 Multidisciplinary Seminar in Children's Mental Health – 1 Credit
 - EDSE A691 Children's Mental Health Systems of Care – 3 Credits

Tier 3 Positive Behavioral Supports (e.g. Pyramid Modules 3 & 4, PTRY-C Level, or school-age equivalent) including use of Behavior Incident Reports (BIRs) (9 hour minimum)

Prevent-Teach-Reinforce for Young Children (PTR-YC)

- <https://www.pyramidmodel.org/online-courses-epyramid/>
- \$49 and 8 hrs of training

OR

- **thread** training – Not a standard training but may be arranged to offer

OR

- NTI Pyramid Conference (Florida or Northwest) usually have a pre-conference session on PTR-YC

Behavior Incident Report (BIR) (each of the following are 1 hour)

- [Addressing Challenging Behavior through Data: Introduction to the BIRS](#)
- [Providing Supports to Classrooms and Children Using the Behavior Incident Report System \(BIRS\)](#)
- [Using the Behavior Incident Report System: I have an Equity Alert. Now What?](#)
- [Data Decision- Making Using the BIRS](#)
- [Addressing Challenging Behavior through Data: Implementing the BIRS in an Early Childhood Program](#)

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Pyramid Modules 4, 5 and 6

- Available Summer 2024 for FREE @ <https://www.pyramidmodel.org/online-courses-epyrmaid/>
- Contact Meghan Johnson for code to access training for FREE

Program Leadership Training

- Programs participating in Learn & Grow Level 1-2 Cohort receive Program Leadership Training
- **thread** will host Program Leadership Team Academy training as requested

Overview of Implementation Science *(Complete all 8 lessons. Each lesson is approximately 1 hour)*

- Certificates are provided after each module. Upload to Alaska SEED registry profile.
- [Co-Learning](#)
- [Brokering](#)
- [Addressing Power Differentials](#)
- [Understanding Context](#)
- [Cultivating Leadership](#)
- [Building Teams](#)
- [Grow & Sustain Relationships](#)
- [Building Capacity](#)